

Sample clinician pathway template for common conditions

Use the template below to create your own clinical pathway for commonly-seen diagnoses within your agency. See p. 2 of insert for a sample clinical pathway for hypertension to guide you.

Clinical pathway: _____

Skilled nursing Suggested frequency: _____	Assessment •
	Teaching •
	Skill building •
	Other •
Physical therapy Occupational therapy Speech therapy	Assessment •
	Teaching •
	Therapeutic interventions •
	Home exercise plan •
Medical social worker	Assessment •
	Referrals to community services •
	Counseling •
Home health aide	Assessment •
	Personal care •
Other: Dietician Respiratory therapy Other as required	Assess •
	Teaching •
	Skills building •
	Other •

Source: This pathway template and sample clinician pathway below were created by Apryl Swafford, QA manager with SimiTree based in Hamden, Conn.

Sample clinical pathway: Hypertension

Skilled nursing Suggested frequency: 3wk1, 2wk2, 1wk2, then every other week x 2 Goals: set one or more goals for each intervention Other suggestion: plot interventions on calendar to ensure all will be addressed by end of episode	Assessment & teaching <ul style="list-style-type: none"> Disease process Cardiac diet Medication <ul style="list-style-type: none"> Cardiac medication High risk medication Any meds with noted knowledge deficits Lifestyle modification: <ul style="list-style-type: none"> Example: smoking, alcohol use, weight, exercise, stress, sleep, provider appointments
	Skill building <ul style="list-style-type: none"> Use of blood pressure monitoring equipment Set up and maintenance of vital sign log Use of in-home monitoring system provided by agency (if indicated)
	Other <ul style="list-style-type: none"> Education to caregiver as indicated on above information
Physical therapy Occupational therapy Speech therapy	Assessment <ul style="list-style-type: none"> Assess as indicated by specific discipline
	Teaching <ul style="list-style-type: none"> Safety, use of assistive devices, identified home safety concerns
	Therapeutic interventions <ul style="list-style-type: none"> As appropriate for disciplines and identified by evaluation
	<ul style="list-style-type: none"> Home exercise plan
Medical social worker	Assessment <ul style="list-style-type: none"> Financial, social, personal and/or community needs
	Referrals to community services <ul style="list-style-type: none"> As indicated by above assessment
	Counseling <ul style="list-style-type: none"> As indicated by above assessment
Home health aide	Assessment <ul style="list-style-type: none"> Vital signs, skin integrity
	Personal care <ul style="list-style-type: none"> Follow aide care plan as developed
Other: Dietician Respiratory therapy Other as required	Assess <ul style="list-style-type: none"> Assess as indicated by specific discipline
	Teaching <ul style="list-style-type: none"> Teaching as indicated by specific discipline
	Skills building <ul style="list-style-type: none"> Reaching food labels Use of respiratory equipment